



Day 3 - Saturday, 18 January 2025

07:00 – 08:00

Registration

Session I: Obstructive Sleep Apnea (What Are We Going To Treat?)

Chairpersons: Ahmed Bahgat, UAE | Manuele Casale, Italy

08:00 – 08:15

Bedside Evaluation of OSA

Yassin Bahgat, Egypt

08:15 – 08:30

OSA Effects on Other Organs in the Body

Peter Baptista, UAE

08:30 – 08:45

Sleep Study Types and Analyses

Aly Altaie, UAE

08:45 – 08:15

DISE: Drug Induced Sleep Endoscopy

Mohamed Alajami, Oman

09:00 – 09:15

Potential Biomarkers in Pediatric OSA Patients

Abdulmohsen Alterki, Kuwait

09:15 – 09:30

Role of Biologics in Treatment of Sleep Disorders

Nicole Perez, UAE

09:30 – 09:45

Pediatric OSA Beyond T&A

Jessica Schwartz, UAE

09:45 – 10:00

Nasal Surgery in Pediatric Sleep Disordered Breathing

Nesrine Museillam, Kuwait

10:00 – 10:30

Networking / Coffee Break

Session II: Palatal Procedures in Snoring and OSA

Chairpersons: Yassin Bahgat, Egypt | Abdulhadi Jassim, UAE

10:30 – 10:45

Surgical Management of Primary Snoring

Manuele Casale, Italy

10:45 – 11:00

A Comprehensive View of an ENT Doctor on the Diagnosis and Treatment of Snoring

Marina Budkovaya, Russia

11:00 – 11:15

Diode Laser Turbinoplasty in Management of Turbinate Hypertrophy in OSA

Ahmed Baramawy, UAE

11:15 – 11:30

Coblation Tonsillectomy: The Main Step in Every Pharyngeal Surgery

Hesham Rayes, Bahrain

11:30 – 11:45

Barbed Pharyngoplasties: Importance of Careful Patient Selection and Outcomes

Antonio Moffa, Italy

11:45 – 12:00

Supine or Non-Supine Sleep Apnea Events: Which Can Be Treated Better With Barbed Pharyngoplasty?

Francesco Iafrati, Italy

12:00 – 13:00

Keynote Lecture on Management of Simple Snoring: Do We Need to Treat it Radically?

Abdulhadi Jassim, UAE

13:00 - 14:00

Networking / Lunch Break

Session III: Hypopharyngeal Surgeries in OSA

Chairpersons: Abdulmohsen Alterki, Kuwait | Hesham Rayes, Bahrain

14:00 – 14:15

Treatment of Ankyloglossia – What is Functional Frenuloplasty

Tina Rokadia, UAE

14:15 – 14:30

Robocob Technique in OSA Patients

Ahmed Bahgat, UAE

14:30 – 14:45

Hyoid Bone Surgery in OSA

Yassin Bahgat, Egypt

14:45 – 15:00

Tailored Epiglottis Surgery for OSA

Manuele Casale, Italy

15:00 – 15:15

Staged Surgery in OSA

Rajab Zahrani, Saudi Arabia

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15:15 – 15:30	Patient Selection in Maxillomandibular Advancement for OSA	Mohamed Abdelwahab, USA
15:30 – 15:45	HGNS: History and Current Implants	Ahmed Bahgat, UAE
15:45 – 16:00	What is New in HGNS	Peter Baptista, UAE

16:00 – 16:30 **Networking / Lunch Break**

Session IV: Free Papers and Discussion

Chairpersons: Manuele Casale, Italy | Mohamed Alajami, Oman

16:30 – 16:45	What is New in HGNS	Peter Baptista, UAE
16:45 – 17:00	Effectiveness of Combination Therapy for Insomnia: A Systematic Review of Recent RCTS (Last 10 Years)	Muhammad Farhan, UAE

17:00 – 18:00 **Panel Discussion:** Decision Making in OSA Management

Moderator: Manuele Casale, Italy

Panelists:

Yassin Bahgat, Egypt | Peter Baptista, UAE | Ahmed Bahgat, UAE
Abdulhadi Jassim, UAE | Abdelmohsen Alterki, Kuwait
Mohamed Alajami, Oman | Mahdi Shkoukani