



Course Title

Dermal Filler Level 1: Foundations in Facial Anatomy, Safety, and Rejuvenation

Learning Objectives

By the end of this course, participants will be able to:

- Understand patient motivations and expectations for dermal filler treatments.
- Explain facial aging across different tissue layers and its impact on treatment planning.
- Review essential anatomy through focused lectures and photo-based instruction.
- Differentiate between hyaluronic acid fillers, collagen stimulators, and permanent fillers.
- Perform structured patient evaluation, consultation, and pre/post-treatment care.
- Demonstrate safe injection techniques for the nasolabial folds, marionette lines, oral commissures, and lips.
- Recognize and manage complications such as vascular occlusion, using standardized emergency protocols.
- Integrate dermal fillers into clinical practice with confidence and safety.

Course Description

This foundational course introduces healthcare professionals to the safe and effective use of dermal fillers in facial rejuvenation. Participants will prepare with online video modules covering anatomy, filler science, consultation strategies, anesthesia options, injection techniques, and complication management.

The live training places participants in small groups under expert supervision, with the opportunity to bring a pre-consented patient or practice on course-provided volunteers. Attendees will perform hands-on injections in key areas, including lips and folds, with close faculty guidance.

By combining structured pre-course learning with supervised patient practice, this course equips participants with the essential knowledge, skills, and confidence to safely introduce dermal fillers into their practice.

