



Botulinum Toxin Level 1 (101): Foundations of Aesthetic and Therapeutic Injection

Learning Objectives

By the end of this course, participants will be able to:

- Understand patient motivations for elective facial injectables and integration into practice.
- Review the history, pharmacology, mechanism of action, and safety record of botulinum toxin A.
- Demonstrate knowledge of storage, reconstitution, and dosing for therapeutic and cosmetic use.
- Identify facial expression and mastication muscles relevant to accurate injection.
- Apply principles of patient consultation and expectation management.
- Observe and practice live injection techniques, including management of complications.
- Explore practical strategies for incorporating aesthetic services into clinical practice.

Course Description

This comprehensive introductory course provides the essential foundation for safe and effective use of botulinum toxin A in both therapeutic and cosmetic applications. Upon registration, participants will gain access to a series of on-demand preparatory videos featuring live patient injections, lectures, and teaching modules. These materials must be completed in advance to ensure maximum benefit from the hands-on training.

During the course, attendees will be divided into small groups, each guided by an expert instructor. Participants will have the opportunity to bring their own patient (with prior consent) and purchase products for live supervised injections. For those without patients, trained volunteers will be available. All necessary materials will be provided, and participants will practice reconstitution and injection techniques under close supervision.

This unique structure — combining preparatory digital content with intensive live instruction — ensures that each attendee develops confidence in identifying anatomical landmarks, performing safe injections, and managing potential pitfalls.